

BLOWING ROCK, N.C. — The readers of Travel+Leisure magazine have voted Westglow Resort & Spa here the number one destination spa in the United States. In the category, magazine readers rated properties on their accommodations and facilities, treatments, service, food, and overall value, and Westglow came out on top in the numerical rankings. Other top ten destination spas are in Pennsylvania, Massachusetts, Arizona, California, Texas, New Mexico and Vermont.

“After eleven consecutive years of being listed among the top ten resorts and spas in the country, we are thrilled to receive the 2017 Travel+Leisure World’s Best Award as the #1 Domestic Destination Spa. We sincerely appreciate all of our valued guests and friends who made this award possible. We share it with them,” said Bonnie Schaefer, Westglow Resort & Spa owner.

Of Westglow, Travel+Leisure wrote, “For many of our readers, retreating to a sublime mountain setting is enough to hit the reset button. Which is why this property, which consists of a Greek Revival mansion, two luxury homes, and a rustic lodge with suites, won for the best Domestic Destination Spa. Westglow offers a wide selection of classes in its Life Enrichment center overlooking the Blue Ridge Mountains: mat Pilates, hiking, aquacise, barre blast, yoga, and more. Life coaches are on hand for individual sessions, and couples can even come on a three-night ‘recharge’ package. The food at Rowland’s, the restaurant, which serves both an ‘indulgent’ and a ‘spa’ menu was the icing on the cake.”

Their readers were quoted as saying, “This is the only spa I will go to repeatedly. After traveling the world, I found this gem in my own backyard and I love everything about it!”

“Westglow feels as if you are on top of the world. The views are breathtaking, the class instructors are excellent, and the therapists are some of the best in the world.”

Every year in its [World’s Best Awards](#) survey, Travel+Leisure asks readers to weigh in on travel experiences around the globe — to share their opinions on the top hotels, resorts, cities, islands, cruise ships, spas, airlines, and more.

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